

REPORT
SEMINAR ON “COPING WITH CAMPUS RELATIONSHIP STRAINS”
2018-2019

The Department of Sociology organized a seminar on “Coping with Campus Relationship Strains” on 6th March 2019 from 12 pm in the Academic Seminar Hall of St. Xavier’s College. College dignitaries, all Sociology Honours students of 1st, 2nd, and 3rd Year, and all faculty members were present in Academic Building Seminar Hall.

Ms. Sahely Ganguly, consultant Clinical Psychologist and Psychotherapist from Kolkata, came and interacted with our students on Mental Health, Power Dynamics, and Suicidal Tendencies - their symptoms and it's awareness on college campuses. She conducted two sessions named "Coping with Campus Relationship Strains" for the undergraduate batches of B.A., B.Sc., and, B. Com students. The institute would love to have such sessions more regularly in the coming sessions wherein students get more power to think aloud, reflect, and speak about the stigmas they fall prey to during their college life.

