

REPORT

Simple Steps to Save a Life: CPR Training and Life Support:

2022-2023

Xaverian Society of Social and Self-Awareness Club, run by the Department of Sociology, St. Xavier's College, Burdwan took the opportunity to organize a crucial event "Simple Steps to Save a Life: CPR Training and Life Support" on 4th March 2023 at 11:30 am in the Administrative Seminar Hall of St. Xavier's College, Burdwan. Dr. Swastika Roy, medical practitioner, Sharanya Multi-specialist Hospital, Burdwan was the esteemed guest of honour. The program started with the auspicious presence of Rev. Fr. Dr. G. Paul Arockiam, S.J, Principal of St. Xavier's College, Burdwan.



Sudden Cardiac Arrest (SCA) can happen to people at any time or place. Victims of SCA must be treated immediately and if CPR is performed immediately, it can double or triple the chance of survival from an out-of-hospital cardiac arrest. Thus, the aim of the event was to provide the students with an important lifesaving skill and hands-on techniques that can help to save lives in an emergency.



**XAVERIAN SOCIETY OF
SOCIAL & SELF-AWARENESS CLUB
DEPARTMENT OF SOCIOLOGY**

presents



**SIMPLE STEPS TO SAVE A LIFE:
CPR TRAINING & LIFE SUPPORT**

Venue- Seminar Hall (Admin Building)

Date- 4th March, 2023

Time- 11.30 am