

# **REPORT**

## **“CAREER & LIFE: How to Shape Yourself and Stay Right on Focus”**

The **Department of Computer Science and Department of Computer Application** at St. Xavier's College, Burdwan, successfully organized the first International Webinar on July 25, 2020, titled **“CAREER & LIFE: How to Shape Yourself and Stay Right on Focus.”** The esteemed resource person for this event was Mrs. Tanna Samanta, a seasoned Data Analyst at Assent Compliance, Canada, with over 13 years of experience in data warehousing and business intelligence. The webinar, scheduled at 5 PM IST, attracted a robust participation with 180 registered candidates and 175 attendees actively engaging in the session. The webinar was aimed to provide practical guidance on personal and professional development.

Mrs. Tanna Samanta commenced the webinar by emphasizing the importance of setting clear goals in both career and life. She stressed the need for these goals to be Specific, Measurable, Achievable, Relevant, and Time-bound (SMART). Participants were encouraged to break down these goals into actionable steps to maintain motivation and track progress effectively. Throughout the 150-minute session, Mrs. Samanta underscored the significance of self-discipline and resilience in achieving long-term success. Drawing from her experience as a Data Analyst, she shared strategies for overcoming challenges and staying focused amidst distractions in a dynamic work environment. The webinar also addressed the evolving landscape of skills and competencies in the field of computer science. Mrs. Samanta highlighted the importance of continuous learning and adaptation to stay competitive in the industry, encouraging attendees to seek out opportunities for professional growth and development.

The webinar received active participation and engagement from the Computer Science community. Participants appreciated Mrs. Samanta's practical insights and relevant examples, which resonated well with their academic and career aspirations.

In conclusion, Mrs. Tanna Samanta's webinar on "CAREER & LIFE: How to Shape Yourself and Stay Right on Focus" was instrumental in empowering attendees to take charge of their personal and professional growth. The session equipped them with actionable strategies for setting and achieving goals, cultivating essential traits like resilience and

self-discipline, and staying relevant in their chosen field. The event concluded with a request to apply these learnings proactively in their academic pursuits and future careers. This report encapsulates the essence of Mrs. Tanna Samanta's webinar, highlighting its impact and relevance in shaping the career trajectories of its participants within the Computer Science and Application domain.



**ST. XAVIER'S COLLEGE,  
BURDWAN**

**THE DEPARTMENT  
OF  
COMPUTER SCIENCE**

*presents  
an International webinar  
on*

**“CAREER and LIFE:  
How to Shape Yourself and Stay Right on Focus”**

Speaker:



**MRS. TANNA  
SAMANTA**

**Data Analyst,  
Assent Compliance, Canada**

Date: 25<sup>TH</sup> JULY, 2020

Time: 5 PM IST

*Registration is free for all. Zoom id will be given to the registered candidates on 25<sup>th</sup> July.*

*You can register by writing us to the mail id: [sxcbcompsscseminar@gmail.com](mailto:sxcbcompsscseminar@gmail.com)*

*or through this Google form link:*

*[https://docs.google.com/forms/d/e/1FAIpQLSeSNCFR1wMswcHtB7PiRf59j-ign5ijNwbk7OiePJvrRGymyQ/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSeSNCFR1wMswcHtB7PiRf59j-ign5ijNwbk7OiePJvrRGymyQ/viewform?usp=sf_link)*

**[Registration ends at 10 AM, 24<sup>th</sup> July]**