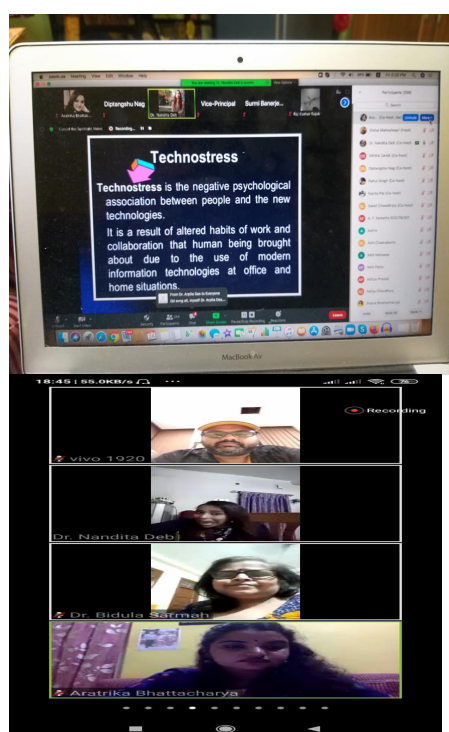


REPORT
ACADEMIC EXTENSION LECTURE ON FATIGUE AND TECHNO-STRESS IN
THE NEW NORMAL EDUCATION SYSTEM.
2020-2021

On the fourth day of the series “The Mind Matters,” we had with us Dr. Nandita Deb, Assistant Professor and Head, Department of Education, Sishuram Das College, Calcutta University, West Bengal. The session took place online on 24th July 2020 from 5 pm onwards. Nearly 450 participants attended the session that day.



The speaker extended her lecture on a very pertinent issue during the ongoing pandemic. Dr. Nandita Deb suggested various ways to deal with technological stress, which was everything at that point of time-source of attending online classes to sources of recreation.



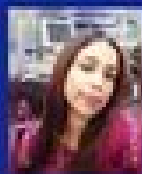
DEPARTMENT of SOCIOLOGY
presents

Web Lecture Series on

"THE MIND MATTERS"

Lecture 4:

*Technology Fatigue and Technostress in
the new normal education system.*



Dr. Nandita Deb

ASSISTANT PROFESSOR AND HEAD, DEPARTMENT
OF EDUCATION, SISHURAM DAS COLLEGE,
CALCUTTA UNIVERSITY, WEST BENGAL.

24TH JULY 2020