

REPORT
**ACADEMIC EXTENSION LECTURE ON REJECTIONS AND BROKEN DREAMS:
COPING WITH DEPRESSION AND SUICIDAL INSTINCTS:
2020-2021**

The fifth session of the series “The Mind Matters” was held on 30th July 2020 from 5 pm onwards. Dr. Jhuma Basak, PhD- Psychology, Member, IPA, London. Training Analyst, IPS, Kolkata was our esteemed speaker. In this session as well, nearly 500 participants from various parts of India attended the events.



The event ended with a very insightful session on handling anxiety, depression, and suicidal instincts during the time of the pandemic.



DEPARTMENT of SOCIOLOGY
presents

Web Lecture Series on
"THE MIND MATTERS"

Lecture 5 :

*Rejections and Broken Dreams :
Coping with Depression and Suicidal Instincts.*



Dr. Jhuma Basak

**CONSULTANT PSYCHOANALYST,
MEMBER- IPA, LONDON,
TRAINING ANALYST, IPS,
KOLKATA.**

30TH JULY 2020