

St. Xavier's College, Burdwan



Importance of Sports in College

Undoubtedly, sports and games are essential to develop the students physically as well as mentally. In addition to that, sports and games are known to develop the students holistically. They enhance the personality of individuals by imparting various traits in them. Sports are said to boost alertness, discipline, team spirit, mental ability, confidence and concentration of a student. It doesn't matter what kind of sports the students are playing and whether they are winning or not. Every sport will always inculcate some amazing traits in them

Sports Committee

Rev. Dr.G.Paul Arokiam, S.J (Principal and Chairperson)
Mr Rahul Singh(Sports Coordinator)
Dr. Anuradha Mukherjee
Dr.Susmita Bhowmik
Mrs Madhuri Hazra
Mr. SK Mickchand(Sports Officer)

XAV Sports is the main sports event of the college, where the students are given opportunities a platform to show their talents in sports and athletics. Every year the college organizes this event in a grand manner. During this the students participate as representative of their respective departments. The event includes Cricket for girls, football for boys, badminton for both boys and girls, carom, other running event, relay race, throwing events etc.



XAV SPORTS REPORT 2021 – 22

After two years of lockdown due to this global pandemic, once again St. Xavier's College, Burdwan hosted the Annual Sports Events, popularly known as Xav- Sports in this year from 5th to 9th April 2022 in which seven departments participated in various events. We were very glad to introduce a new team this year – The BBA Department in the sports events which stood very promising in the very first year. We were honoured to have with us Rev. Dr. Fr. Maria Joseph Savariappan, SJ (Principal, St. Xavier's School Burdwan), Inspector – In – Charge 'Sukhomoy Chakraborty' and SDPO, BardhamanSadar (South), 'Suprovat Chakraborty' amongst us as the Chief – Guest of the Xav – Sports 2022. At the end of these long five days events, the Department of Commerce stood victorious, followed by the Department of English as the 1st Runner up and Department of Sociology as the 2nd Runner up. SanatNaskar, from the Department of Geography was awarded the title of Best Boy of Xav – Sports 2022 and MadihaAlam from the Department of Business Administration was awarded the title of Best Girl of Xav – Sports 2022. The Golden Boot trophy was introduced for the first time and it was won by 'Saad Choudhury' (BBA Department) and the Women of the series trophy was won by 'Trishita Singha Roy' (Department of Sociology) .

INDOORGAMES

The college gives equal prominence to sports activities which are required for overall physical and intellectual development of the students. The college has a sports room, which is a hub of many indoor games like carrom, table tennis, chess and many more. These games inculcate the spirit of true sportsmanship among students.

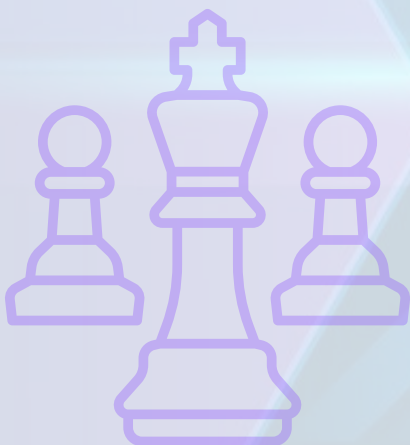
Carrom – It is a game which develops bonding among students and at the same time relaxes and refreshes their minds.



Table Tennis – It's a game which requires great hand-eye coordination and improves concentration and mental alertness among students, thus making them more attentive in academics.



Chess – It is a game which improves creativity among students and also makes them more efficient in problem solving. It improves their neural qualities.



Besides XAV- Sports, our students are also exposed to tournament organized by other colleges and Universities within and outside the city.

INDOORGAMES



Basketball Team:



Football Team:



Achievement of individual students:

Name –SkAshad
Department -BBA
Tournament name-Ajoy Ghosh trophy tournament
Which category sports-University cricket
Achievement-Champion

Name - SkAshad
Department -BBA
Tournament name- Ajoy Ghosh trophy tournament
Which category sports-University cricket T20
Achievement-Semi Finalist

Name - Rohit Shaw
Department - BBA
Tournament Name -Central Burdwan Premier League Season 10
Sports Category -Cricket
Achievement - Man of the Match

Name -Shounak Das

Department -BCA

Tournament Name- CAB U-14 INTER DISTRICT CRICKET TOURNAMENT

Sports Category-Cricket

Achievement- Burdwan DSA Champion under my captaincy

St. Xavier's College, Burdwan soaks in delight as our girl, Puja Dubey (Dept of Sociology- 1st year) with her towering performances in the 20th Uttarakhand State Shooting Championship is making the entire college proud of her.